

Addiction Counseling Test Review

True or False

1. Tissue tolerance means that increasing amounts of the substance are required to produce the desired effects.
2. Delta alcoholism is purely psychological dependence on alcohol to relieve pain.
3. Disturbances of the pituitary-adrenal-gonadal triad of endocrine glands are present in many alcoholics.
4. Transmission of alcoholism from parents to children seems to be a question of heredity rather than social learning.
5. Grandiosity is a protective armor hiding underlying self-rejection and lack of ego strength.
6. Primary prevention should focus on nurturing healthy children who have inner strengths to resist trying to satisfy their emotional needs with chemicals.
7. Sexism seems to be the central cause of addictions in men.
8. The lack of strong social controls is an explanation for the relative lower rate of alcoholism among the Jewish people.
9. The effects of heavy, chronic use of tranquilizers is similar to those of alcohol and barbiturates.
10. Heavy users of amphetamines do not develop a tolerance for drugs.
11. Penalties for possessing cocaine are more severe than for crack.
12. Various combinations of drugs are used to counteract the side effects of one drug.
13. Steroids and growth hormones have side effects including liver, heart, and blood disorders.
14. The root causes of eating disorders include unsatisfied, spiritual hungers.
15. Bulimia involves compulsive dieting and chronic feelings of being too fat even when one is emaciated.
16. Workaholics tend to be efficient and productive.
17. Most sex addicts are looking for emotionally intimate relationships.
18. Marijuana is the drug of choice of the vast majority of youth in high school and college.
19. Drinking alcohol while taking barbiturates can be deadly.
20. As people grow older, alcohol and other drugs remain in their bodies longer.
21. Extremely high rates of alcoholism exist among Native Americans.
22. Men are more susceptible to alcohol-related diseases such as cirrhosis of the liver and high blood pressure.
23. A greater proportion of men alcoholics do solitary drinking than women.
24. A. A. is effective because of political affiliations.
25. The sole object of A. A. is sobriety.